PLUS HEALTH CLINIC 3H

SPINAL ACUPRESSURE & REHAB CENTRE

SPINAL ACUPOINT ACUPRESSURE BED



3H Wellness Solutions

OUR ACUPRESSURE BEDS ARE MEDICALLY CERTIFIED



The Korea Interllectual Property Office

No. 10-1906848
Mattress-Type Medical Pressing Device for Human Spine

No. 10-1614327
Electical Heated Mattress for Bed

No. 10-1136724
Medical Pressing Device for Human Spine

Our 3H Acupressure Bed is certified as a medical device in both *Korea* and *Australia*.

Crafted with innovative technology featuring 62 ergonomic acupressure rods integrated with far-infrared heating to provide an exceptional experience of rejuvenating sleep, comfort, and healing.

Australian Government
Department of Health and Aged Care
Therapeutic Goods Adminstration

2023.04 TGA

2018.11 GMP

2014.10 ISO

2016.09 CQC

2017.11 FDA

2020.05 CE

2021.10 MDA

Intertek
2022.09 cETL

WORLD'S FIRST SPINAL ACUPOINT ACUPRESSURE BED
INVENTED BY 3H

Ergonomic Design made for the human spinal curvature

Experience the comfort of our revolutionary acupressure bed, expertly engineered to enhance theta wave activity while diminishing high beta wave frequencies for optimal relaxation and recovery. This bed features an integrated mattress-based spinal acupressure system, perfectly paired with a warming thermal bed. This unique design is specifically crafted to promote stress reduction and enhance your relaxation experience.

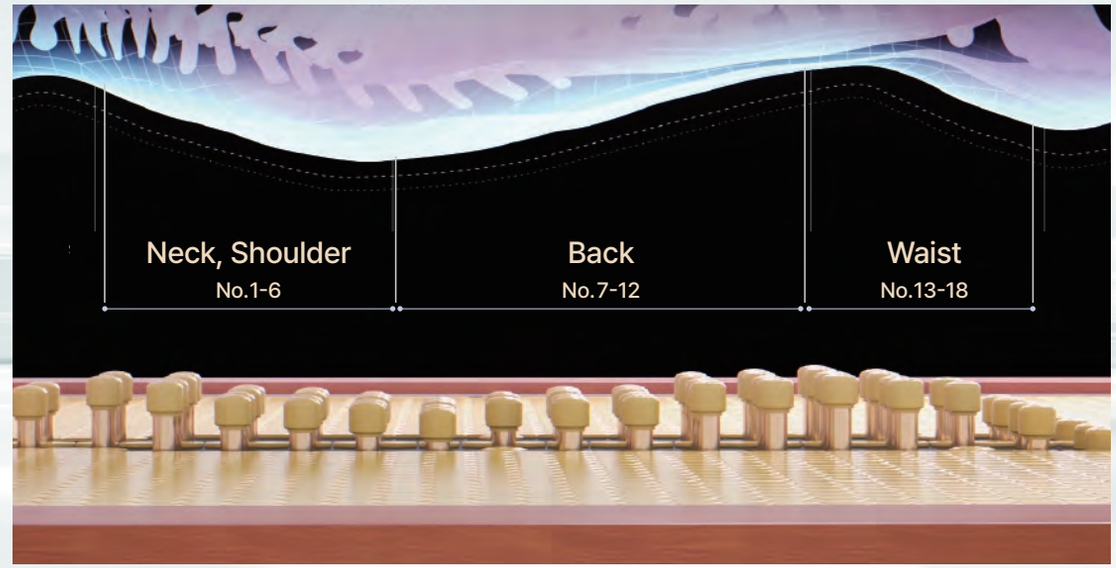
THETA WAVE

Theta wave is active when a person is in deep relaxation.

HIGH BETA WAVE

High Beta wave is active when a person is anxious or tense, also known as a stress wave.

DESIGNED TO FIT THE CURVE OF THE HUMAN BODY





ACUPRESSURE THERAPY AND BED COMBINED INTO ONE

- Sixty-two ergonomically designed acupressure rods
- Traditional herbal pressure therapy to stimulate acupoints
- Successfully passed the medical safety standard test
- The hexagonal ceramics on the thermal mat contribute to temperature control, allowing it to reach up to 70 °
- Material selection and sturdy production for the body such as high-quality wood
- Versatile and convenient use with remote control

PATENTED NOISE REDUCTION TECHNOLOGY

The patented noise reduction technology gently loosens spinal joints and minimises operational noise, allowing users to rest more comfortably.

MOXIBUSTION BROUGHT TO THE COMFORT OF YOUR HOME

Brass rods capped with patented MK303 ceramic plates, apply heated pressure (70 °) to deliver moxibustion therapy comparable to that provided by a professional.

FOCUSED MASSAGE OF SPINAL MUSCLES

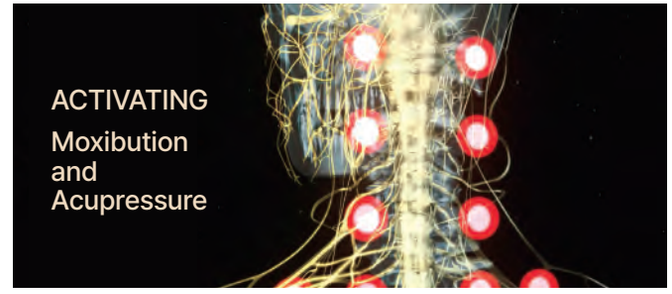
62 acupressure rods vertically propagate along spinal muscles to relieve muscle pain and promote blood circulation.

TECHNOLOGY SUPPORTED BY STUDIES PUBLISHED IN PEER-REVIEWED SCIENTIFIC JOURNALS

Research Paper Title: "Effect of Combined Stimulation Bed on Stress Relief", published in July 2020 in the "Emotional Life and Platform" journal, recognised for its excellence in emotional science research at the KCI level.







SILICONE 100%

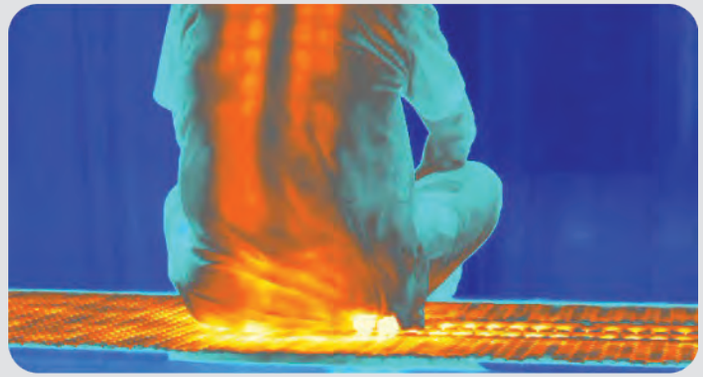
3H Silicone fabric is a textile material featuring a silicone surface coating. By integrating silicone properties into the fibre material, this fabric offers high functionality and eco-friendliness, effectively combining the superior advantages of silicone with the inherent characteristics of the original material.

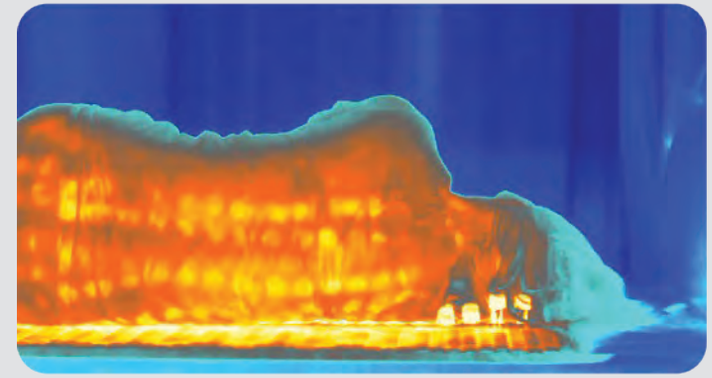
3H MK303 CERAMIC

The 3H products feature MK303 material, recognised for emitting far-infra-red rays up to 93.4%. This specialised ceramic application supports improved blood circulation in the human body, assisting in alleviating insomnia, anxiety, nervousness, and tension for a healthier lifestyle.

FAR-INFRARED RADIATION TEST

Discover the exceptional heat distribution of our ceramic fabric.





3H Wellness Solutions

SPINALINE

SA-680R/820R

Experience 3H's latest release, expertly crafted to optimise space utilisation and practicality.
With a sleek design and durable aluminium frame, it sets a new standard for innovation.

COLOURS

WHITE



BROWN



BLACK





SA-680R
SIZE 745W × 2220L × 420H (mm)

SA-820R
SIZE 860W × 2300L × 830H (mm)

3H Wellness Solutions

Acupressure bed **CLASSIC**

3H-820

Premium grade wood frame and leather
integrated with MK303 ceramic mat

SIZE 1010W × 2280L × 830H (mm)



CERAMIC MAT COLOURS

GOLD



BROWN



BLACK



Acupressure bed **WOOD**

3H-820WD (TYPE C)

Premium grade wood frame and leather
integrated with MK303 ceramic mat

SIZE 1040W × 2235L × 870H (mm)



CERAMIC MAT COLOURS

GOLD



BROWN



BLACK



3H Wellness Solutions

Acupressure bed **INVEST**

3H-1300N/1530N/1100N

Premium grade 100% MK303 silicone composite integrated with MK303 ceramic mat.

CERAMIC MAT COLOURS

GOLD



BROWN



BLACK





FRAME COLOURS

● NAVY ● CAPPUCCINO



SIZES

3H-1100N 1360W × 2230L × 930H (mm)
3H-1300N 1570W × 2235L × 930H (mm)
3H-1530N 1785W × 2285L × 930H (mm)

3H Wellness Solutions

Acupressure bed **INVEST**

3H-920N

Premium grade 100% MK303 silicone composite integrated with MK303 ceramic mat.

SIZE 1180W × 2230L × 930H (mm)





FRAME COLOURS

● NAVY ● CAPPUCCINO

CERAMIC MAT COLOURS

GOLD BROWN BLACK



Acupressure bed **HP-N**

3H-820HP-N

Premium grade 100% MK303 silicone composite integrated with MK303 ceramic mat.
Comes in a compact size, recommended for clinical use.

SIZE 840W × 2110L × 550H (mm)





FRAME COLOURS

● NAVY ● CAPPUCCINO

CERAMIC MAT COLOURS

GOLD BROWN BLACK



3H Wellness Solutions

Acupressure bed **SOFA**

3H-820SJ

Premium grade wood frame with 100% MK303 silicone integrated with MK303 ceramic mat.

CERAMIC MAT COLOURS

GOLD



BROWN



BLACK





SIZE 950W × 2570L × 1100H (mm)

3H Wellness Solutions

Acupressure bed **CROWN**

3H-920C

Premium grade wood frame integrated with MK303 ceramic mat.

CERAMIC MAT COLOURS

GOLD



BROWN



BLACK





SIZE 1100W × 2160L × 750H (mm)



3H Abdomen/Waist Moxibustion Device

Heating feature comprising of 15mm and 322 ceramics
Belt-type pad warms the waist and abdomen.
Set to the desired temperature.
Automatically turns off the power after 8 hours of use.



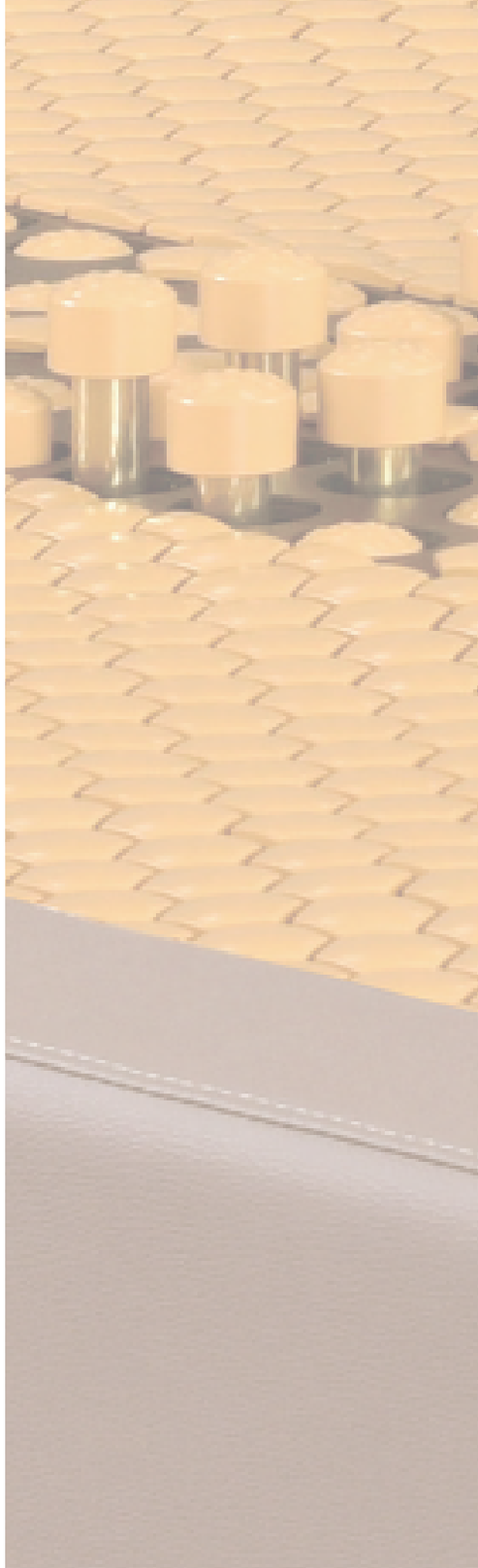
3H Breathing Waist Belt

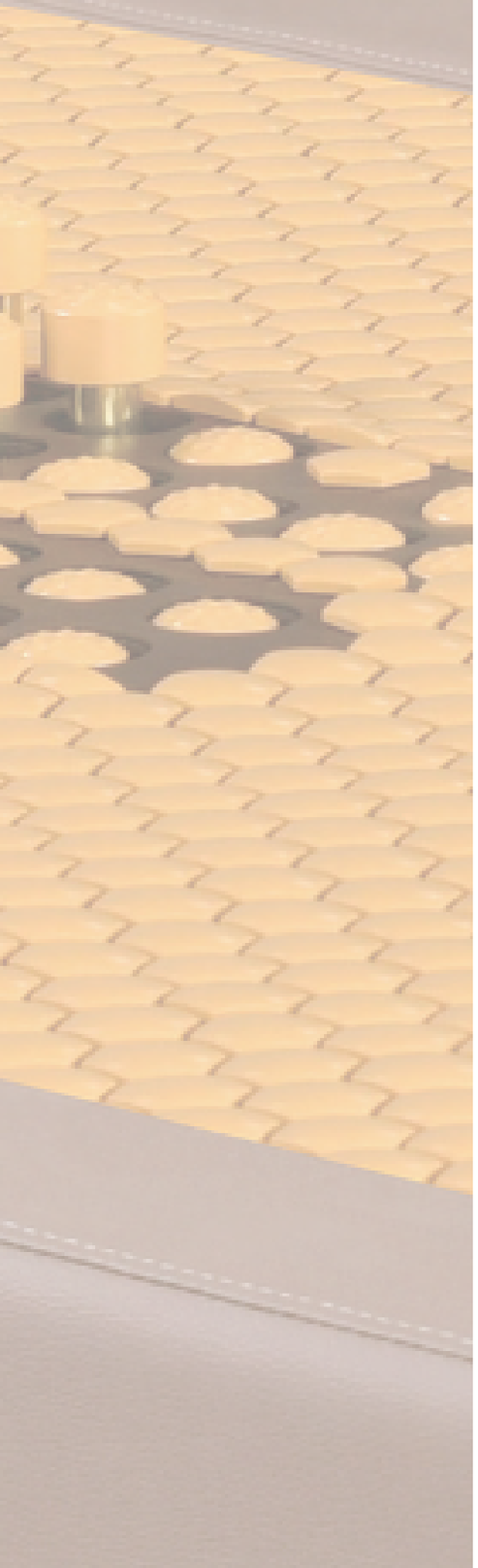
Lightweight ceramics, great for all seasons.
Thin enough to wear under clothes.
154 ceramics, 18 MK303 ceramics.



3H Multifunctional Abdominal Moxibustion Device

The device warms your entire abdomen
and cover your stomach or used seated.
Automatically turns off the power after 8 hours of use.
※ The design is subject to change.







3H Neck Band

Versatile ceramic neckband for all seasons
32 round MK303 ceramics
Available in 3 colours
Set in a pouch made of high-quality fabric



3H Cervical Pillow

The subtle scent of cypress wood can enhance the quality of your sleep
Adjust the thickness to fit your body type
Made of PU fabrics and ceramics
Contains approx. 1kg of Cypress wood chips with 135 round ceramics



3H Smart Dome

Anti aging
Relieves muscle pain
Reduces wrinkles
Moisturises and improves skin firmness
Adjustable heating

INSTRUCTIONS

for using 3H Vertical Acupressure Massage Bed



Seated



Supine



Prone

(Press “Back” button)

Vertical pressure massage device

40 minutes preset for heat and massage function.
Lie on stomach for abdominal and chest massage.
Lie on back or seated for back, hip and legs massage.

Moxibustion heating device

Temperature adjustable up to 70°C (Preheat for 10 minutes recommended). The 3H bed will automatically turn off after 8 hours of use.



3H IS HIGHLY RECOMMENDED FOR PEOPLE WHO

- stand long hours
- sit long hours all day
- stare at a computer screen all day
- use mobile phone all day
- have neck, shoulder, back, hip or leg pain
- struggle with migraine, stress, insomnia, and mobility issues

HEALTH
well-being

HEALING
Rehabilitation

RECOVERY
Rejuvenation

3H
ACUPRESSURE
BED

Until the day
every bed in the world is a

3H ACUPRESSURE BED



PLUS HEALTH CLINIC 3H
SPINAL ACUPRESSURE & REHAB CENTRE

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